



Physical Education Health and Recreation Program

Course Name: Basketball

CRN: 25123

Semester/Year: Spring/2015

Instructor: Coach Sanchez

Email Address : sanchez@dixie.edu

Office Hours: MTWRF 9:00-10:15 AM

Course Number: 1200-01

Meeting Days and Time: MW 10 AM

Location: SAC Gymnasium

Office Phone: 435-652-7998

Office Location: Burns A 09

Course Objectives: Basketball 1200-01 is an activity course for students interested in learning the basics of basketball, including skills such as dribbling, passing, shooting, and team offense and defense, as well as knowledge of the game. Designed to give students playing time, increase knowledge of basketball, and improve individual skill levels.

Required Textbook (s) /Recommended Books/other materials: None. However, proper athletic attire is required for this course, and failure to comply will result in a deduction of points.

Department Objectives:

All PEHR courses have the following learning outcomes:

- A. Enhance development of physical, mental, social, and emotional well-being through physical education;
- B. Be supported to develop personal, lifelong commitment to physical activity for the long range health benefits;
- C. Develop competencies in athletic activities that will bring greater satisfaction to participation in athletics;
- D. Demonstrate an understanding of physiology that promotes safety in physical exercise;
- E. Develop a fitness plan pertinent to the physical activity of the course, as applicable

Course Assignments and Assessments:

- A. Attendance: 5 points per day, 150 points total. Students are expected to be to class on time. If students are frequently or excessively late, attendance points will be deducted.

- B. One mid-term in-class assignment will be given, worth 25 points.
- C. Final Exam: 25 Points. This will be a skills test done on the final day of class (April 29th), not during finals week.
- D. Total: 200 Points
- E. Any student who has 100% attendance at the end of the semester will automatically be awarded full credit for the final exam.
- F. Students may make-up as many as two (2) absences by writing a one page paper on a topic approved by Coach Sanchez. All papers must be turned in before the final day of class (April 29th).

Course Outline:

DATE	ACTIVITY
Jan. 12	Review Syllabus
Jan. 14	Introduce proper warm-up, shooting drills
Jan. 21	Partner passing/shooting, 3 on 3
Jan. 26	3 minute shooting, 5 on 5 on 5
Jan. 28	(Substitute) 5 on 5
Feb. 2	(Substitute) 5 on 5
Feb. 4	Free throw instruction/contest – 5 on 5
Feb. 9	Ball handling – 3 on 3
Feb. 11	3 on 3 Tournament
Feb. 18	Shooting Drills, 5 on 5
Feb. 23	Defensive tutorial, 5 on 5
Feb. 25	Midterm Assignment – In Class
Mar. 2	5 on 5 Tournament
Mar. 4	5 on 5 Tournament

Mar. 16	Shooting Drills, 3 on 3 (Limited Dribbles)
Mar. 18	3 man weave 5 on 5 on 5
Mar. 23	Partner passing/shooting, 5 on 5
Mar. 25	3 minute shooting, 5 on 5
Mar. 30	3 Spot shooting, 3 on 3
Apr. 1	1 Minute Shooting – 2 on 2 Cutthroat
Apr. 8	1 on 1, 3 on 3
Apr. 10	Shooting Drills, 3 on 3
Apr. 15	Shooting Relays, 5 on 5
Apr. 17	Shooting Drills - 1 on 1 Cutthroat
Apr. 22	3 Point shootout, 5 on 5
Apr. 24	Hot spot shootout, 5 on 5
Apr. 27	5 on 5
Apr. 29	All make-up assignments due, final exam

Grading Scale:

A = 95-100 %	B- = 80-82%	D+ = 67-69%
A- = 90-94	C+ = 77-79	D = 64-66
B+ = 87-89	C = 74-76	D- = 60-63
B = 83-86	C- = 70-73	F = below 59

Important Semester Dates:

Important dates to remember:

Mon, Jan 12	Classes begin
Thurs, Jan 15	Last day for waitlist

Fri, Jan 16	Last day to add classes online
Mon, Jan 19	Martin Luther King Jr. Day (no classes)
Thurs, Jan 22	Drop/Audit fee begins (\$10 per class)
Thurs, Jan 22	Residency Application deadline
Tue, Jan 27	\$50 Late registration/payment fee
Mon, Feb 2	Spring 2015 Associate's Degree Graduation Application Deadline
Mon, Feb 2	Last day for refund
Mon, Feb 2	Pell Grant Census
Mon, Feb 2	Last day to drop without a "W" grade
Wed, Feb 4	Classes dropped for nonpayment
Fri, Feb 6	Last day to add/audit classes
Mon, Feb 16	President's Day (no classes)
<i>Tues, Feb 17</i>	<i>Spring Block classes start</i>
Mon, Mar 2	Summer 2015 Bachelor's Degree Graduation Application Deadline
Mon, Mar 2	Midterm grades due
Fri, Mar 6	Last day to drop individual classes
Mon-Fri Mar 9-13	Spring break (no classes)
Mon, Mar 23	Fall 2015 class schedule available online
Mon-Thurs Mar 23-26	Summer Registration Opens (seniors, juniors, sophomores, all students)
Wed, Apr 1	Fall 2015 Bachelor's Degree Graduation Application Deadline
Fri, Apr 10	Last day for complete withdrawal
Mon-Thurs, Apr 14-17	Fall Registration Opens (seniors, juniors, sophomores, all students)
Wed, Apr 29	Last day of classes
Thurs, Apr 30	Reading Day (no classes)
Fri, May 1	Summer 2015 Associate's Degree Graduation Application Deadline
Fri-Thurs May 1-7	Final Exams
Fri, May 8	Commencement

Dmail: You are required to frequently check your Dmail account. Important class and university information will be sent to your Dmail account, including DSU bills, financial aid/scholarship notices, notices of canceled classes, reminders of important dates and events, and other information critical to your success in this class and at DSU. If you don't know your how to access your Dmail account, go to <C:\Users\clifford\Dropbox\FYE Curriculum\Dropbox\www.dixie.edu> and select "Dmail" from the left column. To locate your Dmail username and password, go to www.dixie.edu and click on "Login to student services" in the upper right-hand corner. You will be held responsible for information sent to your Dmail account, so please check it often.

University approved absences: Dixie State University Policy explains in detail what needs to happen if you anticipate being absent from class because of a university-sponsored activity (athletic events, club activities, field trips for other classes, etc). Please read this information and follow the instructions carefully! The policy can be found at: <http://www.dixie.edu/humanres/policy/sec5/523.html>

Disability Accommodations: If you suspect or are aware that you have a disability that may affect your success in this course, you are strongly encouraged to contact the Disability Resource Center (DRC) located in the northeast corner of the North Plaza building. The disability will be evaluated and eligible students will receive assistance in obtaining reasonable accommodations. Phone: (435) 652-7516.

Classroom expectations: It is the responsibility of an instructor to manage the classroom environment to ensure a good learning climate for all students. This means that you must refrain from actions such as physical violence, verbal abuse, or harassment; intoxication or illegal drug use; use of profanity; disrespecting others when expressing their own viewpoints; talking while the instructor or another student is talking; and constant questions or interruptions that interfere with classroom presentation. An instructor may ask you to stop the inappropriate behavior, meet with you after class to discuss the problem, or involve the Dean of Students, the department chair, or campus police if necessary. Students can be removed temporarily or permanently from a course for disrupting the learning environment.

Academic integrity: In order to ensure that the highest standards of academic conduct are promoted and supported at the University, students must adhere to generally accepted standards of academic honesty, including but not limited to, refraining from cheating, plagiarizing, falsification, misrepresentation, and/or inappropriately colluding or collaborating. The University shall consistently hold students accountable for instances of academic dishonesty and apply appropriate consequences. For more information, see the Student Academic Misconduct section of DSU policy at <http://dixie.edu/humanres/policy/sec5/533.html#appeals>

Campus resources: Several campus resources are available to help you succeed. Check out the links for each one to get more information.

If you need help understanding the content of your courses, go to the **Tutoring Center** located on the 4th floor of the Holland Centennial Commons in Room 431. You can visit them online at <http://www.dixie.edu/tutoring/>

If you need help writing papers, essays, etc go to the **Writing Center** on the fourth floor of the Holland Centennial Commons in room 421. You can also visit them online at <http://dixiewritingcenter.com/>

If you need to use a **computer** to do schoolwork on campus, go to the Smith Computer Center or the Holland Centennial Commons on the second, mezzanine, or third floors.

If you are assigned to take a test in the **Testing Center**, go to the North Plaza. You can get information on their website at <http://www.dixie.edu/testing/>

The **Library** has all kinds of information and resources. Visit the Dixie State University Library on the 2nd, and 3rd floors of the Holland Centennial Commons, or go to the library website at <http://library.dixie.edu/>

http://dixie.edu/drcenter/policy__procedures.php